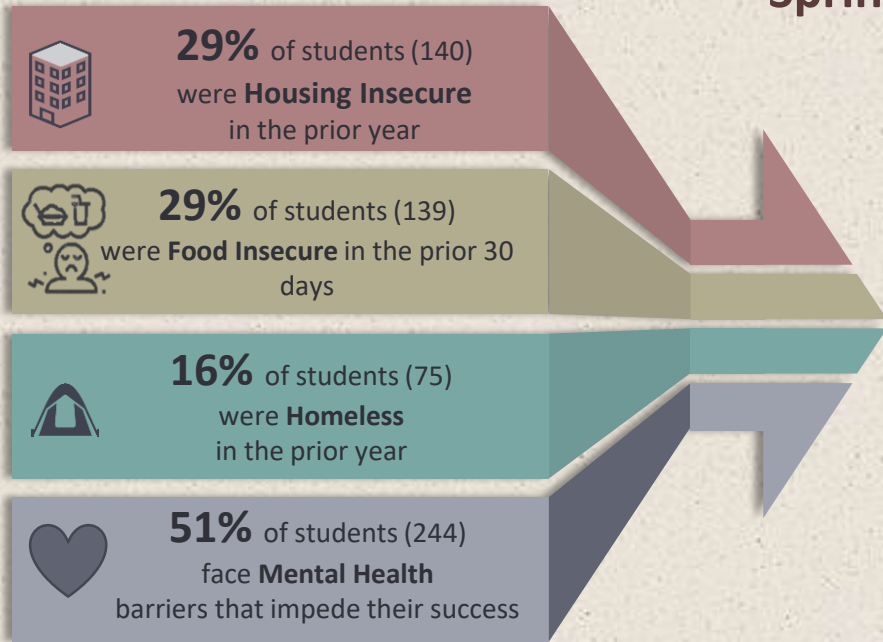
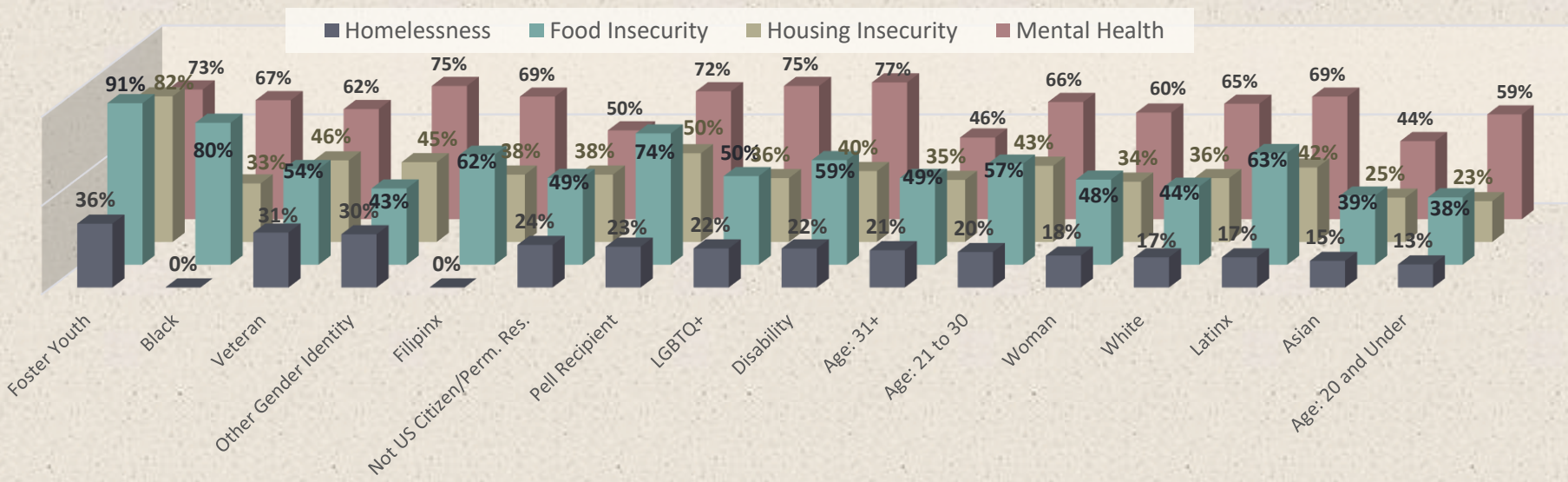
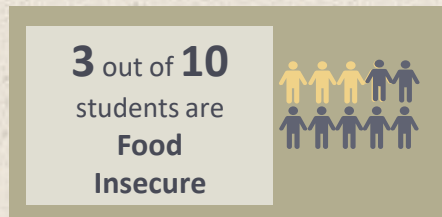
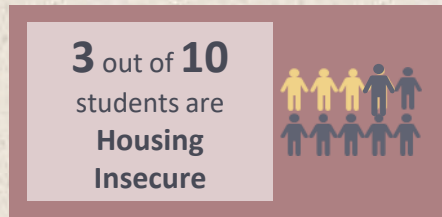


# Survey of Basic Needs and Mental Health De Anza College Spring 2023



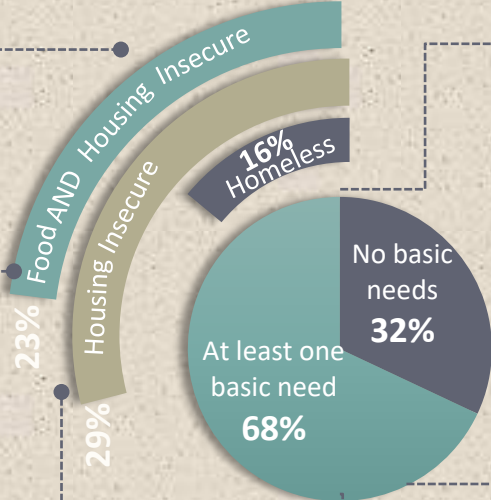
**68%** of respondents (326) experienced at least one form of basic needs or mental health barrier in the past year



**43%** of students with **food insecurity** could not afford to eat balanced meals

**46%** of students with BOTH food and housing insecurities **received a PELL grant**

**21%** of students with **housing insecurity** indicated they **stayed in a vehicle** or other place not meant as housing

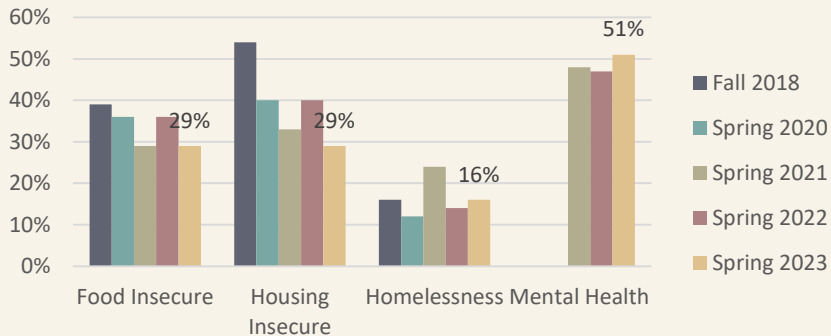


**51%** of students report that **mental health** is a barrier to their success

**75%** of students who identify as **LGBTQ+** report **mental health** as a barrier to their success

**73%** of **Foster Youth** students report **mental health** is a barrier to their success

**Basic Needs & Mental Health: 2018 to 2022**



**Survey Background and Trends**

The Basic Needs and Mental Health Survey was designed to assess food and housing insecurities and mental health as a barrier to success among De Anza students enrolled during spring 2023 quarter. The survey was administered via email and remained open for two weeks. A total of 478 responses were collected. Food and housing insecurity rates have declined from prior years, homelessness remained rather stable and mental health has increased.