Nursing 50 – Midterm Study Guide

1) Nursing today:
- Nursing workforce surveys
- Diversity in nursing:
    - i) Ethnicity/ race
    - ii) Gender
    - iii) Age
    - iv) Educational levels
    - v) Foreign trained
- Practice settings
- Advanced roles nursing
    - i) What are they and what they do?
    - ii) What was the first advance role?

2) Historic and social context:
- Who were the early nursing leaders and what are their most important achievements?
- Nursing organizations and their contribution:
    - i) Which organizations proposed registration, formal education
    - ii) When did the licensing started
- Historic events affecting the development of nursing
- Public perception of nurses and nursing
- Demographic trends and their impact on nursing
- Impact of technological development

3) Professionalism:
- Characteristics of a profession (Flexner)
- Differences between a profession and an occupation
- Barriers to professionalism in nursing
- Goldmark report

4) Nursing education:
- History of nursing education
    - i) The earliest type of formal nursing education
    - ii) First academic department
    - iii) First degree in nursing
- Entry to practice (pre-licensure) education levels
- Types and purpose of various advanced degrees
- Mandatory continuing education
- Recommendations for nursing education:
    - i) Brown report
    - ii) ANA white paper
- Accreditation of nursing education
- Accrediting organizations and their scope

5) Systems theory:

- Definition of a system / systems
- Components of a system
- Types of systems
- Function of systems

6) Maslow's hierarchy of needs

7) Fundamental nursing concepts:
- Person
- Environment
- Health as a continuum:
    i) Locus of control
    ii) Health-belief model
    iii) Theory of self-efficacy

8) Acute vs. chronic illness

9) Kubler-Ross model of adaptation

10) Sick role

11) Locus of control

12) Culture and nursing:
- Why is understanding of culture relevant to nursing care
- Impact of culture on health
- Cultural competence
- Barriers to cultural competence

13) Theoretical foundation:
- What is a theory / philosophy?
- Levels of theory
- Conceptual models
- Inductive vs. deductive reasoning

14) Evidence based practice:
- What is EBP
- Components of evidence based practice